Ask your doctor how you can get to the heart of what matters.

FOR ADULTS WHO HAVE TYPE 2 DIABETES AND KNOWN HEART DISEASE

JARDIANCE IS THE FIRST TYPE 2 DIABETES PILL TO REDUCE THE RISK OF CARDIOVASCULAR (CV) DEATH

Ask your doctor if it's time to rethink your type 2 diabetes treatment options.

JARDIANCE is a prescription medicine used along with diet and exercise to lower blood sugar in adults with type 2 diabetes, and also to reduce the risk of cardiovascular death in adults with type 2 diabetes who have known cardiovascular disease. JARDIANCE is not for people with type 1 diabetes or for people with diabetic ketoacidosis (increased ketones in the blood or urine).

Do not take JARDIANCE if you are allergic to empagliflozin or any of the ingredients in JARDIANCE.

Do not take JARDIANCE if you have severe kidney problems or are on dialysis.

Please see Important Safety Information for JARDIANCE beginning on page 10 of this brochure, and click to see Prescribing Information and Medication Guide.
Reducing your chance of CV death starts with understanding your CV risk. Let’s break this all down a little further, shall we?

High blood sugar levels can lead to a buildup of plaque in blood vessels, increasing your chance of heart problems, like a heart attack.

In adults over the age of 60, having type 2 diabetes and CV disease shortens life expectancy by an average of 12 years.

Type 2 diabetes doubles your risk of dying from a CV event. When you have type 2 diabetes and CV disease, heart attacks are more serious and more likely to be fatal.

Cardiovascular disease is the #1 CAUSE OF DEATH for adults with type 2 diabetes.

The truth is, even though it helps to manage A1C, simply having type 2 diabetes increases your heart risk. And if you’ve already had a CV event, like a heart attack or stroke, you also have CV disease. Having both means you have an even higher risk of another CV event.
ADULTS WHO HAVE TYPE 2 DIABETES AND KNOWN HEART DISEASE

IT’S TIME TO GET TO THE HEART OF WHAT MATTERS

Get the conversation started with your doctor. Check out page 9 for some helpful questions.

Selected Safety Information

JARDIANCE can cause serious side effects, including:

• **Dehydration.** JARDIANCE can cause some people to have dehydration (the loss of body water and salt). Dehydration may cause you to feel dizzy, faint, light-headed, or weak, especially when you stand up. You may be at a higher risk of dehydration if you: have low blood pressure, take medicines to lower your blood pressure, including water pills (diuretics), are on a low salt diet, have kidney problems, are 65 years of age or older.

We put JARDIANCE to the test

We studied JARDIANCE in a clinical trial of over 7,000 adults who had type 2 diabetes and known heart disease—for an average of 3 years. The people in the study were already taking common type 2 diabetes and CV medicines, such as statins, beta blockers, diuretics, and ACE inhibitors.

**7,000+ ADULTS**

**3-YEAR CLINICAL TRIAL**

The result for the people in this study? This lifesaving cardiovascular benefit:

**SIGNIFICANTLY REDUCED RISK OF CV DEATH FOR ADULTS WHO HAVE TYPE 2 DIABETES AND KNOWN HEART DISEASE**

The bottom line? JARDIANCE has been tested and proven to help reduce your chance of dying from a CV event.

Selected Safety Information

• **Vaginal yeast infection.** Women who take JARDIANCE may get vaginal yeast infections. Talk to your doctor if you experience vaginal odor, white or yellowish vaginal discharge (discharge may be lumpy or look like cottage cheese), and/or vaginal itching.

• **Yeast infection of the penis.** Men who take JARDIANCE may get a yeast infection of the skin around the penis, especially uncircumcised males and those with chronic infections. Talk to your doctor if you experience redness, itching or swelling of the penis, rash of the penis, foul smelling discharge from the penis, and/or pain in the skin around the penis.

Learn more about your A1C, CV risk, and your options at DiscoverJARDIANCE.com

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Now, let’s talk lower A1C

We conducted a study where JARDIANCE was used along with diet and exercise in adults with type 2 diabetes. What did we find? JARDIANCE helped people lower blood sugar and A1C—and may provide additional benefits, too.

Lower A1C

When added to metformin in a 24-week study, JARDIANCE helped some people reach an A1C of less than 7%—approximately 6 times better, on average, than those taking metformin alone (0.1% decrease).

Reduced fasting blood sugar levels

People taking JARDIANCE alone also reduced their fasting blood sugar levels (that’s the measurement taken before breakfast) by an average of 19 or 25 points (mg/dL).*

*Fasting blood sugar increased 12 points (mg/dL) in people taking placebo, while those taking JARDIANCE 10 mg and 25 mg saw their blood sugar drop 19 and 25 points. At the beginning of the 24-week trials, patients had an average fasting blood sugar of 153 mg/dL.

Selected Safety Information

• Ketoacidosis (increased ketones in your blood or urine). Ketoacidosis is a serious condition and may need to be treated in the hospital. Ketoacidosis may lead to death. Ketoacidosis occurs in people with type 1 diabetes and can also occur in people with type 2 diabetes taking JARDIANCE, even if blood sugar is less than 250 mg/dL. Stop taking JARDIANCE and call your doctor right away if you get any of the following symptoms, and if possible, check for ketones in your urine: nausea, vomiting, stomach-area (abdominal) pain, tiredness, or trouble breathing.

This is how it’s done

How JARDIANCE works to lower A1C

Along with diet and exercise, JARDIANCE works to help the body get rid of some of the excess sugar you could do without, through the process of urination.

Additional benefits

Even though JARDIANCE is not made for weight loss, it could also help some people lose some weight. In studies of adults with type 2 diabetes, people lost 2-3% of their body weight, on average.

And although not made to lower blood pressure, when JARDIANCE was used alone or with metformin, it helped some people lower systolic blood pressure (the top number of the blood pressure reading) a little bit, too.

Still have questions? Bring the discussion guide on page 9 to help get the conversation started with your doctor.

Selected Safety Information

• Kidney problems. Sudden kidney injury has happened in people taking JARDIANCE. Talk to your doctor right away if you reduce the amount you eat or drink, or if you lose liquids; for example, from vomiting, diarrhea, or being in the sun too long.

Visit DiscoverJARDIANE.com and ask your doctor if JARDIANE is right for you.

Please see Important Safety Information for JARDIANE beginning on page 10 of this brochure, and click to see Prescribing Information and Medication Guide.
Selected Safety Information

- **Serious urinary tract infections.** Serious urinary tract infections can occur in people taking JARDIANCE and may lead to hospitalization. Tell your doctor if you have symptoms of a urinary tract infection, such as a burning feeling when passing urine, a need to urinate often or right away, pain in the lower part of your stomach or pelvis, or blood in the urine. Sometimes people also may have a fever, back pain, nausea or vomiting.

Selected Safety Information

- **Low blood sugar (hypoglycemia).** If you take JARDIANCE with another medicine that can cause low blood sugar, such as sulfonylurea or insulin, your risk of low blood sugar is higher. The dose of your sulfonylurea or insulin may need to be lowered. Symptoms of low blood sugar may include headache, drowsiness, weakness, dizziness, confusion, irritability, hunger, fast heartbeat, sweating, shaking or feeling jittery.

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**My JARDIANCE Support** offers a wealth of helpful resources to help you get started on JARDIANCE. Sign up to access:

- A free phone consultation with a Certified Diabetes Educator*—ask your JARDIANCE questions 1-on-1
- Helpful emails on what you can expect when you start treatment
- **JARDIANCE Savings**†—every month for JARDIANCE as long as you qualify (savings subject to monthly limits)

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**So are you ready to ask your doctor?**

These conversation starters should help:

1. **Am I at increased risk for a CV event?**
2. **I manage my blood sugar and take CV medication—am I still at risk?**
3. **Can a proven type 2 diabetes pill significantly lower my risk of CV death if I already have known heart disease?**
4. **What does the 2019 American Diabetes Association® Standards of Care recommend for adults with type 2 diabetes and established CV disease?**

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**NOTES**

**QUESTIONS? WE’RE HERE TO HELP.**

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**My JARDIANCE Support** at DiscoverJARDIANCE.com

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• Allergic (hypersensitivity) reactions. Symptoms of serious allergic reactions to JARDIANCE may include: swelling of your face, lips, throat and other areas of your skin, difficulty with swallowing or breathing, raised, red areas on your skin (hives). If you have any of these symptoms, stop taking JARDIANCE and contact your doctor or go to the nearest emergency room right away.

• Increased fats in your blood (cholesterol).

The most common side effects of JARDIANCE include urinary tract infections and yeast infections in females. These are not all the possible side effects of JARDIANCE. For more information, ask your doctor or pharmacist.

Before you take JARDIANCE, tell your doctor if you have kidney problems. Your doctor may do blood tests to check your kidneys before and during your treatment with JARDIANCE. Also tell your doctor if you have liver problems; have a history of urinary tract infections or problems with urination; are going to have surgery; are eating less due to illness, surgery, or a change in your diet; have or have had problems with your pancreas, including pancreatitis or surgery on your pancreas; drink alcohol very often, or drink a lot of alcohol in the short term (“binge” drinking); have any other medical conditions; are pregnant or plan to become pregnant. JARDIANCE may harm your unborn baby. If you become pregnant while taking JARDIANCE, tell your doctor as soon as possible. Tell your doctor if you are breastfeeding or are planning to breastfeed. JARDIANCE may pass into your breast milk and may harm your baby. Do not breastfeed while taking JARDIANCE.

Tell your doctor about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Especially tell your doctor if you take water pills (diuretics) or medicines that can lower your blood sugar, such as insulin.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call 1-800-FDA-1088.

CL-JAR-100026 10.30.2018

Please click to see see Prescribing Information and Medication Guide.
Jardiance®
(empagliflozin) tablets
10 mg/25 mg

“WHEN IT COMES TO YOUR HEALTH, ASKING THE RIGHT QUESTIONS COULD MAKE ALL THE DIFFERENCE.”

Ready to take the next step?
Print this brochure and talk to your doctor.

GET TO THE HEART OF WHAT MATTERS

Visit DiscoverJARDIANCE.com for more information.

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(03/19) PC-US-108525